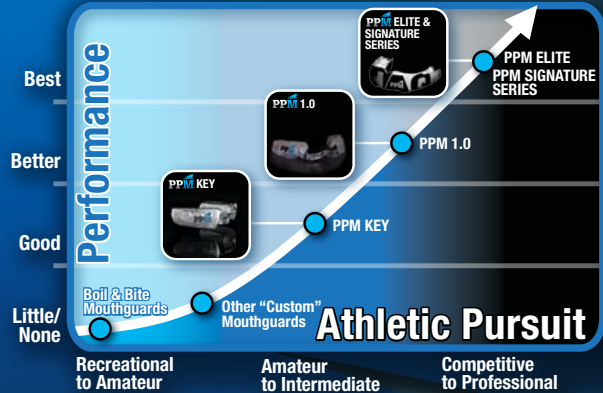


# WHAT IS THE Makkar ADVANTAGE?

Is there a difference between performance and optimum performance? A split-second faster, a step quicker, an inch higher, a bit more flexibility, a little stronger can make all the difference in your game. Athletes are always in pursuit of an edge, that natural advantage that will help them train and perform better than the rest. For thousands of athletes, including professionals competing at the highest level, that performance advantage is the Makkar PPM™.



# HOW CAN I GET A PPM?

The PPM is a custom-fitted appliance offered only through our network of PPM certified dentists. If you are a candidate for the PPM, impressions will be taken of your lower and upper teeth to determine your optimal bite position. Your PPM will be fabricated in our dental lab and returned to you/your dentist for fitting.

Find out how the PPM can help you achieve your potential. Contact one of our certified dentists for a personal consultation.



A PPM Dentist near you:



[Makkaradvantage.com](http://Makkaradvantage.com)

## Makkar PPM Product Suite

**PPM KEY:**  
Our entry-level powerguard designed for use across a broad spectrum of recreational and amateur athletes looking to jump start their games.

**PPM 1.0:**  
Offers an intermediate level of performance enhancement through an alignment process that involves relaxation of the jaw muscles.

**PPM ELITE:**  
For professionals and competitive athletes at the highest levels, the PPM Elite is a must. Through a fitting process involving sophisticated computerized measurements accurate to within 1 millimeter, the PPM Elite provides the highest level of performance improvement.

**PPM Signature Series:**  
In addition to the highly specialized diagnostics of the PPM Elite, the PPM Signature Series products are specially designed in co-ordination with all-time greats who demand the highest standards of performance.

Unleash your pure power with PPM.



# Looking to Improve Your Game?

Find out what several PGA pros and a growing number of golf enthusiasts already know - the Makkar PPM works, and it works instantly!

Game-changing benefits include:

- Increased Clubhead Speed
- Improved Driving Accuracy
- Greater Balance & Flexibility



# THE PERFORMANCE ADVANTAGE

Take your game  
to the next level  
with the PPM

Benefits include:

## Increased Clubhead Speed

In a game of inches, how much of a difference would extra distance off the tee make? Increases in overall strength can translate to game enhancing increases in clubhead speed.

## Improved Balance

Accuracy is, in part, a by-product of maintaining optimal balance throughout your swing. Enhanced balance is critical to avoiding trouble off the tee, hitting more fairways and correcting a slice.

## Consistency

In golf, consistency is everything. The ability to reproduce a consistent swing throughout your round can have game changing impact on scoring.

## Endurance

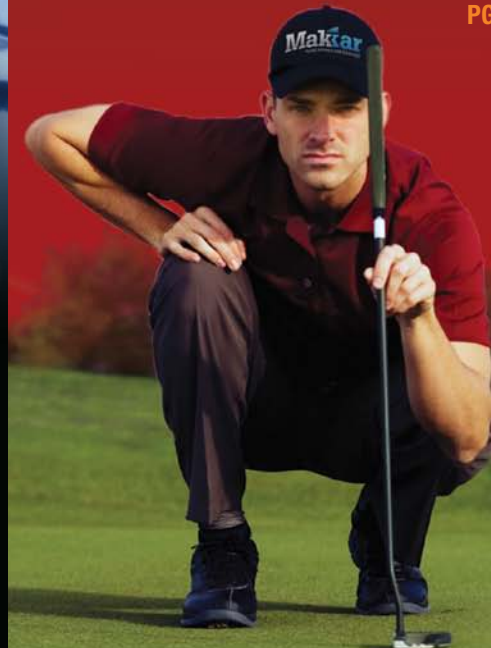
It's not how you start, but how you finish – the best golfers finish as strong on the 18th hole as they started on the 1st.

## Training Endurance & Recovery

In golf, championship form is honed in between rounds. Natural talent is only part of the equation. Optimal training, repetition and recovery are key to enhancing your game.

“*I am stronger, more flexible and have better balance when I'm wearing the PPM. In the first two tournaments I played in while wearing it, I finished 2<sup>nd</sup> and 5<sup>th</sup>. Plain and simple, the PPM is the most important piece of equipment in my golf bag! I will never play without it again.*”

Scott McCarron,  
PGA Tour Player



The PPM founded on the principles of neuromuscular science, is a sports performance revolution that has been shown to instantly enhance athletic performance. Used by professional, collegiate and amateur athletes worldwide, the PPM is quickly becoming essential equipment for serious athletes.



ALIGNMENT =  
PERFORMANCE

## How does it work?

At its most efficient, the human body is properly aligned from top down. Unfortunately for most of us, jaw alignment and head posture is sub-optimal, resulting in “short-circuits” that impede performance.

The PPM works by bringing your jaw into an alignment position optimized for performance. This enhanced alignment position allows the body to operate much more efficiently.

PPM has been shown to provide instant improvements in several areas vital to athletic performance - balance, range of motion, flexibility, explosive speed and strength.

Experience the Difference...

Get the **Makar**  
Advantage!

Unleash the power and get instant

Game-changing results

PPM