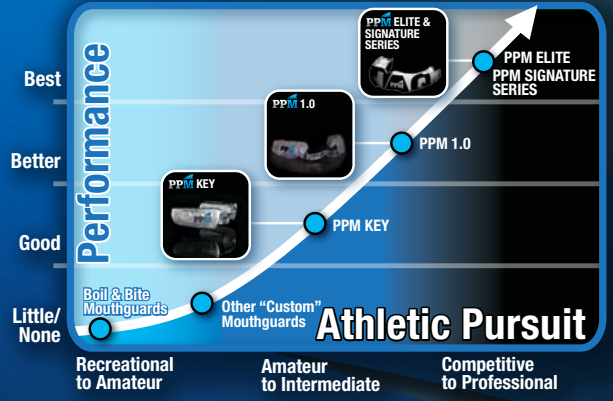


WHAT IS THE Makkar ADVANTAGE?

Is there a difference between performance and optimum performance? A split-second faster, a step quicker, an inch higher, a bit more flexibility, a little stronger can make all the difference in your game. Athletes are always in pursuit of an edge, that natural advantage that will help them train and perform better than the rest. For thousands of athletes, including professionals competing at the highest level, that performance advantage is the Makkar PPM™.



HOW CAN I GET A PPM?

The PPM is a custom-fitted appliance offered only through our network of PPM certified dentists. If you are a candidate for the PPM, impressions will be taken of your lower and upper teeth to determine your optimal bite position. Your PPM will be fabricated in our dental lab and returned to you/your dentist for fitting.

Find out how the PPM can help you achieve your potential. Contact one of our certified dentists for a personal consultation.



A PPM Dentist near you:



Makkaradvantage.com

Unleash your pure power with PPM.



In the Paint

Makkar PPM Product Suite

PPM KEY:
Our entry-level powerguard designed for use across a broad spectrum of recreational and amateur athletes looking to jump start their games.

PPM 1.0:
Offers an intermediate level of performance enhancement through an alignment process that involves relaxation of the jaw muscles.

PPM ELITE:
For professionals and competitive athletes at the highest levels, the PPM Elite is a must. Through a fitting process involving sophisticated computerized measurements accurate to within 1 millimeter, the PPM Elite provides the highest level of performance improvement.

PPM Signature Series:
In addition to the highly specialized diagnostics of the PPM Elite, the PPM Signature Series products are specially designed in co-ordination with all-time greats who demand the highest standards of performance.

Game-changing benefits include:

- Increased Strength
- Explosive Speed & Agility
- Improved Balance & Flexibility



THE PERFORMANCE ADVANTAGE

The PPM founded on the principles of neuromuscular science, is a sports performance revolution that has been shown to instantly enhance athletic performance. Used by professional, collegiate and amateur athletes worldwide, the PPM is quickly becoming essential equipment for serious athletes.

“After years of playing ball, I thought I had pretty much hit my peak in terms of vertical leap...until I tried PPM. Even better, with instant improvements in balance and range of motion, I feel like I've gained a step on the competition.”

Take your game
to the next level
with the **PPM**

Benefits include:

Increased Strength

Securing position and boxing-out requires timing, anticipation and strength. Gains in overall strength have an immediate impact in training as well as game-day performance.

Improved Balance

Basketball is a game in constant motion. With improvements in balance, it becomes easier to avoid the pick, take the charge and adjust to the ball. Better balance and alignment can lead to better mechanics resulting in greater field goal and free-throw accuracy.

Explosive Speed

Quite simply, speed kills. Gain that extra step to drive the lane, lead the break and get to the open spot on the floor.

Agility

The ability to “turn on a dime” and to make quick adjustments while in motion can be a game changer.

Training Endurance & Recovery

In a game often decided in the last few possessions, endurance is critical. After all, it's not how you start the game, but how you finish. The gains made in training, repetition and recovery quickly translate to peak performance when it's needed most.

ALIGNMENT =
PERFORMANCE

How does it work?

At its most efficient, the human body is properly aligned from top down. Unfortunately for most of us, jaw alignment and head posture is sub-optimal, resulting in “short-circuits” that impede performance.

The PPM works by bringing your jaw into an alignment position optimized for performance. This enhanced alignment position allows the body to operate much more efficiently.

PPM has been shown to provide instant improvements in several areas vital to athletic performance - balance, range of motion, flexibility, explosive speed and strength.

Experience the Difference...

Get the **Makkar**
Advantage!

Unleash the power and get instant

Game-changing results

PPM