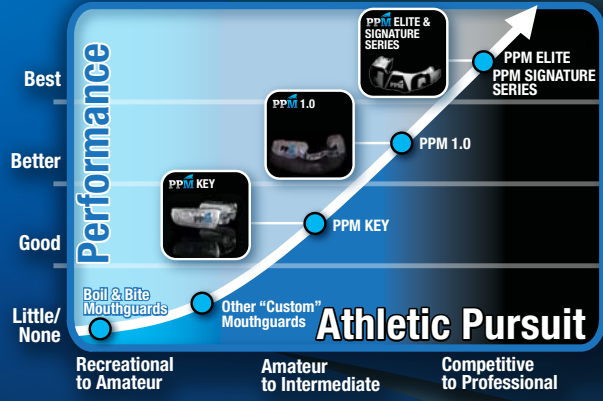


# WHAT IS THE Makkar ADVANTAGE?

Is there a difference between performance and optimum performance? A split-second faster, a step quicker, an inch higher, a bit more flexibility, a little stronger can make all the difference in your game. Athletes are always in pursuit of an edge, that natural advantage that will help them train and perform better than the rest. For thousands of athletes, including professionals competing at the highest level, that performance advantage is the Makkar PPM™.



# HOW CAN I GET A PPM?

The PPM is a custom-fitted appliance offered only through our network of PPM certified dentists. If you are a candidate for the PPM, impressions will be taken of your lower and upper teeth to determine your optimal bite position. Your PPM will be fabricated in our dental lab and returned to you/your dentist for fitting.

Find out how the PPM can help you achieve your potential. Contact one of our certified dentists for a personal consultation.



A PPM Dentist near you:



[Makkaradvantage.com](http://Makkaradvantage.com)

Unleash your pure power with PPM.



# The Perfect Game



Game-changing benefits include:

- Increased Bat Speed
- Improved Balance & Flexibility
- Greater Range of Motion



# THE PERFORMANCE ADVANTAGE

The PPM founded on the principles of neuromuscular science, is a sports performance revolution that has been shown to instantly enhance athletic performance. Used by professional, collegiate and amateur athletes worldwide, the PPM is quickly becoming essential equipment for serious athletes.

Take your game  
to the next level  
with the PPM

“*Baseball players are playing stronger, faster and harder with the state-of-the-art, custom fit PPM.*”

Even at the highest levels of sports performance, a split second can make all the difference in the world:

How many outs are made by half a step? How many comebacks are snuffed by an inning ending double play? How often does the difference between a strike and a hit come down to a fraction of bat or pitching speed?

**Tough Questions with an Easy Answer - One too many times!**

Increase bat-speed, pitching velocity and improve flexibility, balance and strength – instantly – the PPM way. Game changing benefits include:

- Explosive Standing-Start and Rotational Speed
- Increased Strength
- Balance & Agility
- Training Endurance & Recovery

Find out how MLB All-Stars, Batting Champs, Cy Young winners, minor league stars and scholarship hopefuls are taking their game to the next level with PPM.

ALIGNMENT =  
PERFORMANCE

## How does it work?

At its most efficient, the human body is properly aligned from top down. Unfortunately for most of us, jaw alignment and head posture is sub-optimal, resulting in “short-circuits” that impede performance.

The PPM works by bringing your jaw into an alignment position optimized for performance. This enhanced alignment position allows the body to operate much more efficiently.

PPM has been shown to provide instant improvements in several areas vital to athletic performance - balance, range of motion, flexibility, explosive speed and strength.

Experience the Difference...

Get the **Makkar**  
Advantage!

Unleash the power and get instant

Game-changing results **PPM**